

AUTHOR'S NOTE

This technical report summarizes the currently available epidemiologic evidence surrounding red meat and processed meat consumption and cancer. Although discussed herein, this report is not intended to systematically address all of the components of causation, such as dose-response or biological plausibility, between red or processed meat and specific types of cancer. Rather, the purpose of this report is to synthesize scientific information pertaining to the cancer types for which intake of meat has been evaluated, and to recapitulate some of the observed statistical associations between red or processed meat intake and cancer. In addition, the methodological, analytical, and biological complexity is underscored so the reader can recognize and appreciate the challenges scientists are faced with when interpreting a large body of scientific and medical literature.

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